

**We invest right here, right now  
for a healthier tomorrow.**

We share a bold vision of a community where every child gets a healthy start and every person receives the care they need throughout their lifetime.

**2015  
2016**  
Annual Report



## DEAR FRIENDS

For 35 years, Chuckanut Health Foundation has provided over \$16 million to support the critical health needs of our community while stewarding \$15 million in assets to insure funding for vital health services that effectively respond to the ever-changing needs of Whatcom County and its people. In the last two years alone, Chuckanut invested more than \$800,000 to advance these goals in Whatcom County.

In this report, you will meet some of the programs and partners that we work with daily to achieve a healthier Whatcom. We believe that collaboration between our partners and within our community is the key ingredient for achieving sustainable change. In 2014 this principle guided our co-location with United Way and the Whatcom Community Foundation as the Whatcom Center for Philanthropy, furthering our desire to leverage our shared commitment and resources.

Our board and staff continue to seek the possible everyday by investing our experience and resources “right here and right now” to advance individual and community health.

Please join us in this work. We are proud of our legacy and couldn't be more excited about the future. Your generous and continued support makes all of it possible!

Sincerely,

A handwritten signature in blue ink, appearing to read "D. Lynch", written over a light blue rectangular background.

David A. Lynch,  
Board President



WHATCOM CENTER  
for PHILANTHROPY

BUILDING COMMUNITY. TOGETHER.

# WE ARE GRATEFUL

Your donations make it possible to invest right here, right now for a healthier tomorrow.

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Deborah Zangara



We have made every effort to acknowledge all contributors for 2015/2016 and to spell names correctly. If we have inadvertently omitted or misspelled your name, please let us know.

## 2015/2016 Community Supporters

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Bayview Fund of the Whatcom  
Community Foundation  
Bellingham Emblem Club  
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Lathrop Family LLC  
McEvoy Oil Company  
Maple Leaf Chapter 58 O E S  
RAM Construction Employees  
Saturna Capital Corporation  
Tradewinds Capital Management, LLC

# HEALTHY CHILDREN, YOUTH & FAMILIES \$276,141



You helped give homeless youth and families a place to live and a way to connect

## 2015

Boys & Girls Club: Healthy snacks for youth

Lighthouse Mission: Child Care Center

Within Reach: Immunity Community work with local schools

Opportunity Council: Food Bank and expansion at East Whatcom Regional Resource Center

Bellingham School District: Community Education on Children's Savings Accounts

## 2016

Our Treehouse: Support for grieving children, teens and families

Lydia Place: Homeless Family Support

Whatcom Literacy Council: Blaine and Lynden Program Expansion

Animals as Natural Therapy: New Tractor

Wild Whatcom: Healthy Outdoor Access

WWU Foundation: Compass 2 Campus mentoring program

Skookum Kids: Foster Care Respite Program

Whatcom Dispute Resolution Center: Children & Parent Supervised Visitation

**NW Youth Services: 22 North housing for homeless youth**

## NW YOUTH SERVICES 22 NORTH HOUSING: A PIONEERING AND INNOVATIVE SOLUTION

### A place for young adults with diverse challenges and goals to call home

A \$100,000 grant advanced the goals of Northwest Youth Services and the Opportunity Council to provide safe housing for homeless young people. In addition to much needed housing, youth will soon have access to around-the-clock wrap-around support from experienced staff committed to helping youth meet their goals.

The project calls for 40 studio apartments at 1022 North State Street in Bellingham with 20 of those units dedicated to young adults age 18-24. Community rooms, client meeting rooms, 24/7 staffing and security, case management, and employment and education support will be on sight.

22 North will support youth pursuing their education and their independence, whether that's finishing their GED or pursuing a 4-year degree.



# HEALTHY LIVING

## \$46,250

You invested in nutrition for children and families



### COMMON THREADS: “PURE FOOD KIDS” PROGRAM

**\$18,000 Awarded to Common Threads over two years**

Common Threads’ mission is to engage children in growing and preparing healthy foods. These efforts align with two of the Community Health Improvement Plan (CHIP) strategic priorities:

1. Supporting healthy child, youth and family development
2. Promoting healthy and active living in neighborhoods and community.

**THREE HUNDRED EIGHTY** attendees at the Family Food Event **exceeded their goal** by 180 family members.

With support from Chuckanut Health Foundation, Common Threads offered gardening and cooking classes to students at seven Whatcom County schools and hosted Family Food Events at several partner schools in 2016.

Common Threads’ school-based Food Education program, in partnership with Pure Food Kids, delivers nutrition and label-reading workshops for every 4th grade classroom in the Bellingham and Mt. Baker School Districts.

#### 2015

##### **Common Threads Farm: Healthy Food programs in local schools**

Whatcom Rowing Association:  
4 Oared Pocock Rowing Shell

#### 2016

Bellingham School District:  
Rowing Ergs program

Recreation Northwest:  
Park Prescription Program

Our Treehouse: 2015 & 2016  
Chuckanut Century Bike Event

**Common Threads:**  
**“Pure Food Kids” program for every 4th grade classroom in the Bellingham and Mt. Baker School Districts**



# HEALTHY AGING

## \$119,466

You supported our elders and their families live a more healthy, secure and independent life



## WHATCOM COUNCIL ON AGING: MEALS ON WHEELS, BELLINGHAM AT HOME

**\$67,500 Awarded to Whatcom Council  
on Aging over two years**

In addition to a 50% matching grant for the Meals on Wheels annual fund drive, Chuckanut helped purchase a new refrigeration van, and fund the development of “Bellingham at Home”, a community driven program that meets the self-defined needs of local seniors who want to live independently in their own homes.

Some of the support for Healthy Aging comes from Chuckanut Health Foundation’s Senior Services Fund.

**Senior Services Fund**  
generously donated by  
**Albert B Woodard Living Trust**



### 2015

#### **Whatcom Council on Aging: Meals on Wheels Refrigerator Van**

Alzheimer Society of Washington:  
Support group for clients  
and families

Cascade Connections:  
Connecting Families Program to  
support and educate family and  
other caregivers providing home  
care for seniors with special needs.

YMCA: LifeFitness Lifecycle Bikes  
for Parkinson

Volunteer Center of Whatcom  
County: Volunteer Chore Program

### 2016

WWU:  
Palliative Care Institute

Elder Service Providers:  
21st Annual Caregivers Conference  
for family caregivers

Whatcom Alliance for Health  
Advancement: Advanced Care  
Planning for persons at the  
end of life.

**Whatcom Council on Aging:  
2015 & 2016 Bellingham At  
Home development and  
Meals on Wheels**

# COMMUNITY EMERGENCY SERVICE RESPONSE \$69,000

You helped prepare our community for the unexpected



## BELLINGHAM MOUNTAIN RESCUE COUNCIL (BMRC)

### 40 Member Team Receives Avalanche Safety Equipment & Training

The \$7,000 grant awarded to BMRC, provided the all-volunteer team members equipment and lifesaving training on avalanche safety.

One local beneficiary of BMRC's team effort broke their leg while climbing Heliotrope Ridge on Mt. Baker. He was overwhelmed by the faithful and professional service of the volunteers.



*The most unfathomable gift from BMRC was their amazing wit, professional care and humility even after a nine-hour rescue. They placed an air splint on my shattered bones, reassured me, kept me warm and carefully carried me down two and a half miles in the dark and rain. Even though I started climbing Heliotrope Ridge trail alone, I returned with belief in the goodness of others.*



BMRC **Volunteers** Serve Northwest Washington State from the **Canadian Border** to the **North Cascade Highway**

#### 2016

Center for Spiritual Living: Laundry Love Program for people experiencing homelessness

WCFD # 16 Acme/Van Zant/Wickersham: New Aid Unit

United Way: 2015 & 2016 Project Homeless Connect

Bellingham Food Bank: Emergency Generator

**Bellingham Mountain Rescue Council: Avalanche Safety Equipment & Training**

# HEALTH SERVICE ACCESS & CAPACITY \$228,435

You streamlined healthcare  
services, capacity and  
expanded access



## WHATCOM TAKING ACTION

**A \$110,200 commitment to Whatcom Taking Action over three years launched the Single Entry Access to Services (SEAS) Program for children with special needs**

SEAS integrates systems that respond to children and youth with special health care needs and their families.

A local mother called SEAS to get information about resources for her daughter, recently diagnosed with Sensory Processing Disorder. SEAS Program staff connected her to different therapy providers, the school district, and a local vendor who makes weighted blankets, vests and lap pads for children. In addition to connecting the mom to these resources, SEAS staff arranged to have the blanket which was made specifically for her daughter, donated by the business owner.

This is just one example of the vital local programs that serve the unique needs of our local children and families. You can count on us to invest in services that have a meaningful impact in our community.

### 2015

Interfaith Community Health Center:  
Behavioral Health Services  
Expansion

Sean Humphrey House:  
In-room Heating & Cooling Units

Whatcom Alliance for Health  
Advancement: Partnership to  
Improve Community Health

Laurendeau Cancer Care Fund:  
Tyson Twiford's Fundraiser match

### 2016

Bellingham Central Lions Club: Eye  
Equipment for the Frank Haskell  
Lions Eye Clinic

Medical Teams International:  
Mobile Dental Program

Compass Health:  
Program Expansion

**Whatcom Taking Action:  
Single Entry Access Services  
for Children with Special Needs  
2015/2016**





# HEALTH EDUCATION & SCHOLARSHIPS

## \$86,100

You helped fund a new generation of caregiving professionals



Our **Legacy**, as St. Luke's Foundation, **Inspires** our focus on **Health Education Programs** and **Health Professional Scholarships**

### 2015

WSU- Whatcom Extension:  
Diabetes Prevention Education

Hearing Speech & Deafness  
Center: ASL Videos for use by  
local non-profits

NW Youth Services: Staff Training

Alzheimer Society of Washington:  
Annual Conference

### 2016

Northwest WA Medical Society:  
Transgender Care for  
health providers

Kuntz & Company:  
"Any Child" Performance

Bellingham Technical College:  
Nursing & Surgical Tech Program

Whatcom Community College:  
Physical Therapy  
Assistants Program

WWU Foundation:  
RN-BSN Scholarship Support

**Health Professional  
Scholarships: 28 students  
2015/2016**

## 2015 Scholarships

**Adelstein, Sharpe & Serka  
Nursing and Health  
Professional Scholarship**  
Shelby Phelps, WCC

**Hammes Family/ RAM  
Construction Employees  
Nursing Scholarship**  
Ryan Willis, UW of Bothell

**Janet and Charles Klingensmith  
Memorial Scholarship**  
Monica Bos, BTC

**Lois Jean Roberts  
Nursing Scholarship**  
Paul Bliznyuk, BTC  
Frances Flinn, Seattle U  
Ramandeep Mangat, WCC  
Thorkild Rosenvinge, WCC  
Robert Sorensen, BTC  
Tatiana Koreski, WCC

**Moles Family Scholarship**  
Melissa Latisch, WCC

**Treat and Lathrop Family  
Scholarship in Memory of  
Pearl Lathrop**  
Lyle Dollarhide, WWU

## 2016 Scholarships

**Farris Family  
Nursing Scholarship**  
Anna Hope St. John, WCC

**Hammes Family Endowed  
Nursing Scholarship**  
Ryan Willis, UW of Bothell

**Klingensmith Family Endowed  
Nursing Scholarship**  
Thorkild Rosenvinge, WCC

**Lois Jean Roberts  
Nursing Scholarship**  
Amy Niebruegge, WCC

**Lynch Family Endowed  
Nursing Scholarship**  
Frances Flinn, Seattle U

**Sharpe Family  
Nursing Scholarship**  
Courtney Opilas, WCC

### Standing CHF Scholarships

Bellingham Technical College (BTC)  
Nursing Scholarship  
Radiology Tech Scholarship  
Western Washington University (WWU)  
RN-BSN Scholarship  
Whatcom Community College (WCC)  
2 Nursing Scholarships

“

*Your financial generosity has allowed me to be one step closer to my goal and has inspired me to help others by giving back to this community that I love so much.*

”

- Amy Niebruegge  
*(pictured above)*

# JOIN US IN THIS WORK

**In February we threw a party for our 2016 grant recipients**

**It was a success!**

We celebrated our grantees, their great work and we all made new friends and connections. It was great fun and we at Chuckanut are grateful for our community partners.



*Thanks again for the lovely gathering. My smile muscles hurt from spending time in a room full of people who are passionate, collaborative, and ready to roll up their sleeves. The highlights for me:*

- touching base on another season of garden and cooking collaboration with Lydia Place*
- sharing a giggle over ANT's (Animals as Natural Therapy) good manure;*
- thanking WAHA (Whatcom Alliance for Health Advancement) as a user of their services;*
- exploring opportunities to get personally involved with Skookum Kids and Bellingham Mountain Rescue, neither of which I knew much about before.*

*Your invitation for us all to spend time together was so rich for me, personally and professionally. I imagine I was not unique in that regard. Three cheers to you all!*



- Laura Plaut  
Common Threads Executive Director



## Strategic Impact Priorities for 2017/2018

Healthy Children & Families

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Healthy Aging Community Initiative

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Opiate Abuse Prevention

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Place Based  
(School or Community) Partnerships

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Advancing Community  
Health Worker Model

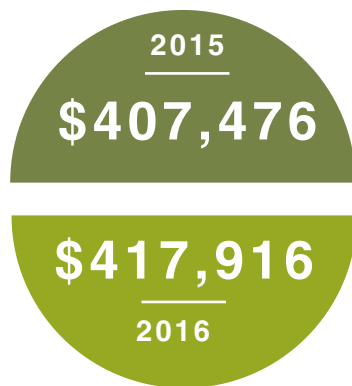
# WE STEWARD OUR RESOURCES

To support the health needs  
of our community

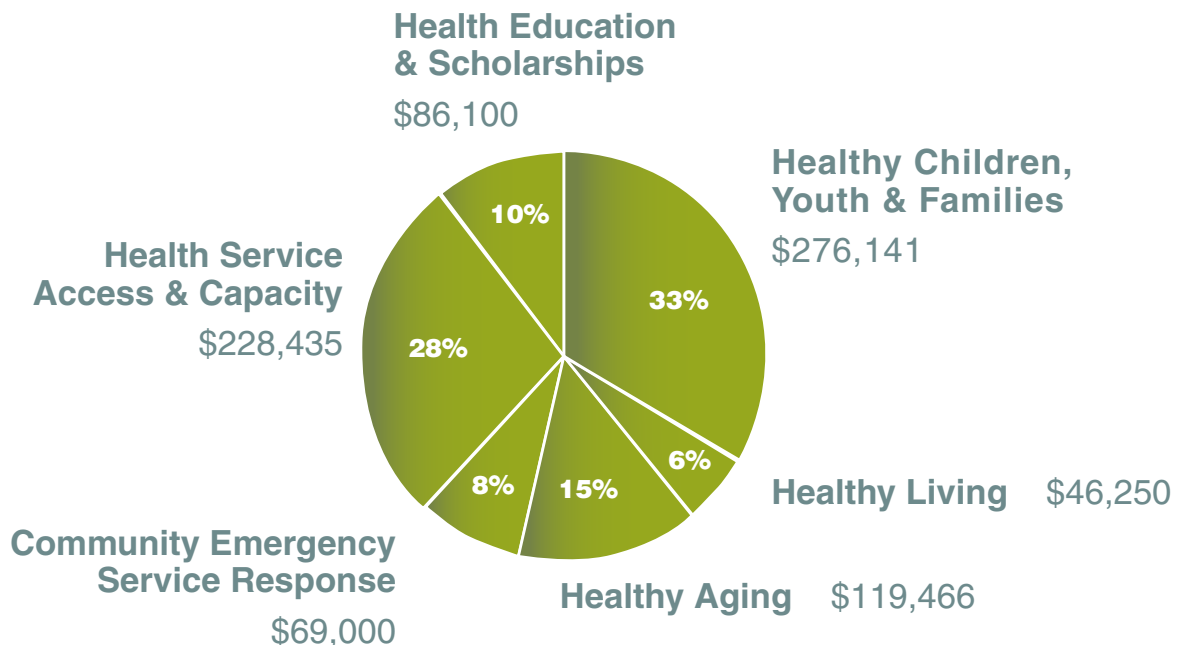


## Total Assets

(as of 12/31/16)



## Total Grant Awards 2015/2016: \$825,392





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